



THE TRUMPET

A PUBLICATION OF CHRIST THE KING LUTHERAN CHURCH
1660 BIRCH LAKE AVENUE, WHITE BEAR LAKE, MN 55110

PASTOR'S CORNER

“So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.”

– Genesis 2:3

Dear Siblings in Christ,

Summer is officially here! School has been out for most of June and the weather is turning hot and humid. We are enjoying some of the best days of Minnesota. I encourage you to soak them up as the weather will look very different in just six months.

As we reach the second month of our summer season, summer vacations, road trips, and visits up north to the cabin might spring to mind. Summer vacation is an opportunity for us to find some sabbath rest, whether we are experiencing God’s creation in nature, exploring a new part of the world, or staying close to home.

God encourage us to find Sabbath rest with God’s example of resting from the work of creation in the book of Genesis. Sabbath can take on a variety of forms. Some people like to take a digital sabbath, putting their phones away for several hours or a day to allow them to be more present to their environment and those around them. Others focus on taking time to rest – reading a book, taking a nap, being in nature, or finding stillness in the midst of a busy life.

Sabbath doesn’t have to be long either. God encourages us to find moments of sabbath in the midst of our days. While a dedicated day might feel hard to come by, finding moments of sabbath throughout our week can be more achievable. You could try finding sabbath in taking a deep breath before getting up or moving into a new task. Perhaps after a meal you decide to take a walk around the block before moving into your next

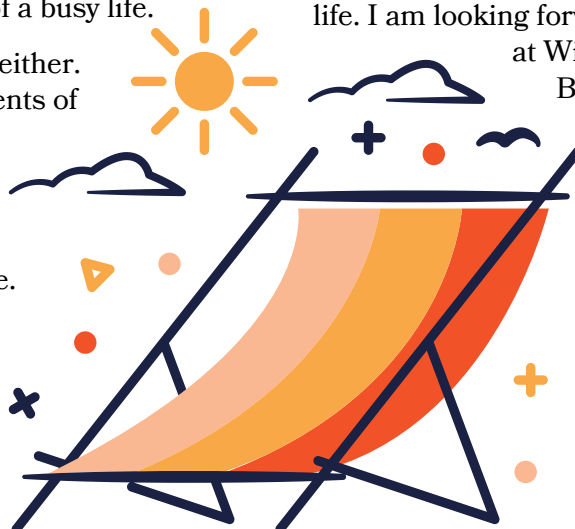
activity. Or taking a pause to appreciate what you have just experienced: a delicious breakfast, a new bird at your bird feeder, a phone call with a friend, or a busy day at work.

Taking a sabbath pause can help us center ourselves and remember that God created us. We are created in God’s image, which means we too can rest, just as God rested after the six days of creation. We are not created to work all the time, but to find rest in the midst of our busy days.

Summer vacations are another way of finding sabbath. Often a vacation takes us out of our everyday lives, whether to a new location or a familiar vacation spot. These are not places where we spend the majority of our time, but gives us an opportunity to be out of our regular routine and allows us to see God in the novelty of a new place or activity or in a familiar vacation spot. God is with us always, whether in a brand-new place or a familiar family cabin.

As you journey this summer, I pray that you find moments of sabbath in the midst of the busy-ness of life. I am looking forward to our Congregational Camp at Wilderness Canoe Area in the Boundary Waters. For four days and three nights, the CTK folks and I who sign up will get to experience the beauty of the BWCA and be disconnected from our lives in the Twin Cities. Perhaps this might be an opportunity for sabbath for you too? Sign up soon!

Peace,
Pastor Rebecca



JOIN US

PLEASE JOIN US IN PERSON, WATCH US VIAL LIVESTREAM OR WATCH A RECORDING LATER AT CTKWBL.ONLINE.CHURCH. YOU CAN ACCESS THE BULLETIN BY CLICKING AT THE TOP OF THE LIVESTREAM PAGE.

JULY SUNDAY WORSHIP SCHEDULE

JULY 5

Sixth Sunday After Pentecost

Genesis
24:34-38, 42-49, 58-67
Psalm 45:10-17
Matthew 11:16-19, 25-30

We gather to be refreshed by Christ's invitation: "Come to me, all you that are weary."

9am Worship
Organ / Communion

JULY 12

Seventh Sunday After Pentecost

Genesis 25:19-34
Psalm 119:105-112
Matthew 13:1-9, 18-23

God's word is like the rain that waters the earth and brings forth vegetation.

9am Worship
Organ / Communion

JULY 19

Eighth Sunday After Pentecost

Genesis 28:10-19a
Psalm 139:1-12, 23-24
Matthew 13:24-30, 36-43

Why is there evil in the world? In the parable of the wheat and the weeds Jesus says that both grow together until the harvest.

9am Worship
KHB / Communion

JULY 26

Ninth Sunday After Pentecost

Genesis 29:15-28
Psalm 105:1-11, 45b
Matthew 13:31-33, 44-52

Jesus illustrates the reign of God: a tree that becomes a sheltering home, a treasured pearl, a net that gains a great catch.

9am Outdoor Worship
Piano / Communion

THURSDAY
JULY 16
Women's
Bible Study

I Am Worthy

Session TWO:
I am more than one thing: Honoring our many identities.

9:30am
in the library.



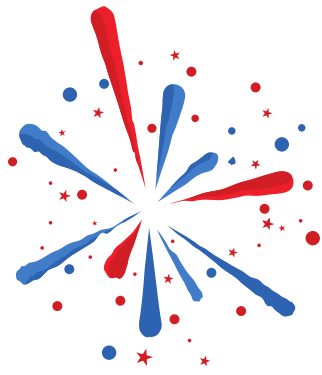
July 26
(Weather permitting)

Remember to bring your lawn chair, wear sunscreen, and have temperature appropriate clothing!

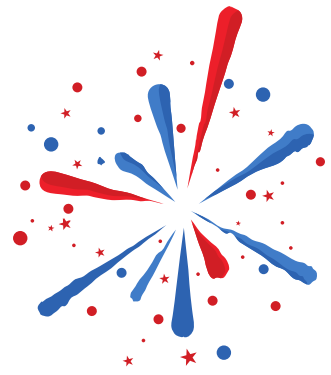


Save the Date:
Blessing of the Animals

during outdoor worship on August 23. Bring your pet to be blessed during our outdoor worship on August 23. Dogs, cats, hamsters, photos, or stuffed animals are all welcome. Bring a friend or neighbor to worship!



July



WORSHIP LEADERS

| | AV | ALTAR GUILD | LAM | READER | USHERS | COMMUNION |
|------|---------------|----------------|---------|---------|-----------------|-----------------|
| 7.5 | Joe / Craig | Lori / Lori | Cyndi | Michael | Mike / Wendy | Michael / Polly |
| 7.12 | Joe / Jason | Karen / Becky | Bea | Michele | Mike / Wendy | Michele / Karen |
| 7.19 | Jason / Julia | Connie / Peggy | Michael | Cyndi | Scott / Michele | Howard / Polly |
| 7.26 | NA | Kathy / Ann | NA | Trip | Scott / Howard | Jack |

Hospitality: Sharon Nelson, Connie Carlson

If you are faced with a conflict, please attempt to trade with one another and let the office know. Thank you!

DEVOTION

Build One Another Up as Disciples

Through our baptisms we are marked by Christ as his followers. Our charge is to live a Christian life of discipleship. Doing that today, in a culture that often values self-interest over the best interest of others, can be a challenge. This is especially true when one sees the local and world news; there is a lot of conflict out there. It is easy to get discouraged when the pressures of life stretch and strain our faith.

Scripture encourages us. The apostle Paul states that because “I have been crucified with Christ, it is no longer I who live, but it is Christ who lives in me. And the life I now live in the flesh I live by the faith of the Son of God, who loved me and gave himself for me” (Galatians 2:19b-20). We are not alone, in that we have each other as faithful companions in this Body of Christ, and importantly, we have the gift of the Holy Spirit: “If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will give life to your mortal bodies also through his Spirit that dwells in you”

(Romans 8:11). We believe in the promise of the resurrection just as we recite in the Nicene Creed, and demonstrate in our day-to-day lives as we live as disciples.

Let us find continuing, sustaining hope in these words: “Therefore encourage one another and build up each other, as indeed you are doing” (1 Thessalonians 5:11). Kind, upbuilding words, supportive action, and prayer for one another bear witness to our faith and love, just as Jesus reminds us: “By this everyone will know that you are my disciples, if you have love for one another” (John 13:35). That faithful joy in service to one another is contagious, too!

Let us pray.

God of Abundant Grace, in living out our baptisms, may we always love another as your disciples—especially during challenging times—with the help of your Holy Spirit. We pray this in the name of Jesus. Amen.

Prayerfully in Christ,
Michael Stepan

COMING SOON

MISSIONS

Connecting with Masisiwe by Zoom

On June 10, members of Christ the King had the joy to meet with Masisiwe leaders by Zoom. It was so good to see each other “uso kwa uso” or face to face. Pastor Rebecca, Bea Jones, Connie Carlson, Scott Freburg represented CTK. Pastor Aidan Nziku and Parish Secretary, Noeli Kagine together with an elder woman brought greetings from Masisiwe. Pastor Msigwa and Director Kirsten Levorson from BKB DIRA office in Iringa facilitated the meeting and translation.

The meeting opened with prayer, followed by a mutually warm welcome as each attendee shared personal stories. A very special joy was reuniting with the elder woman who Bea met in 2013!

Pastor Nziku provided a formal report from Masisiwe parish beginning with a reading from Philippians 4:13: “I can do anything through Christ who strengthens me.” The main of points his report included naming the six preaching points and their current evangelists following by the list of current projects and priorities. He expressed sincere gratitude for funds to help with their projects, and for the students.

As we closed the Zoom, Pastor Nziku welcomed CTK members to come visit and he requested prayers for Masisiwe that included unity of their parish, projects success, youth to love the church and attend worship, and student’s studies.

All agreed we would meet again by Zoom with email exchanges in between.

Note: The details of the meeting are posted on the kiosk in narthex. Please contact Bea Jones with any questions.



Masisiwe Fundraiser Update

Thank you for the tremendous response to our Masisiwe fundraiser!

As of June 28, our total donation is \$2785.95.

This amount is enough to finish the Tumaini church and the improvement, to the Lupilo church. It will also fund a portion of a motorcycle to replace the broken one. Donations received before July 10 will be sent to Masisiwe. Asante Sana!

YOUTH & FAMILY

2027 Youth Gathering Information Session – coming in September



Are you a youth who will be in 8th-12th grade during the 2026-27 school year? Would you be interested in spending time with 30,000 Lutheran youth next summer?

The 2027 ELCA Youth Gathering will be in Minneapolis June 28-July 2 and we want to bring a group of youth from CTK. Join Pastor Rebecca later this fall to learn more about the event, a timeline for registration and fundraising, and decide if you want to participate in the Gathering. Consider inviting a friend to participate too!



Wilderness Canoe Base: Congregational Camp:

CTK Congregation Camp at Wilderness Canoe Area participant gathering – July 26

Excited to attend CTK's Congregational Camp at Wilderness Canoe Base? All registered participants will gather on July 26 after worship in the library to go over travel plans, discuss logistics, answer last questions, and order T-shirts for the trip

Thursday, August 13 – Sunday, August 16

Spend a long weekend at Wilderness Canoe Base at the end of the Gunflint Trail in northern Minnesota near the entry point to the Boundary Waters.

Cost is \$330 for adults, \$300 for youth (11-17), \$200 for children (4-10) and free for under 4. Do not let money be a barrier; scholarships are available.

Registration will close July 20.

<https://lwlbc.com/wcbctk-wblcong-intergen2026>

Families and individuals register themselves online. An initial deposit of \$50 is required and final payment is due two weeks prior to the congregational camp.

Thank you for your congregation's faithful and generous sharing of mission support with the synod and churchwide expressions of the ELCA during May 2026.



While deacons (ministers of word and service) in the ELCA serve in a variety of capacities from pastoral care and visitation to music, youth ministry and preaching, Deacon Kari Alice Olsen has always been drawn to food ministries. She gained an appreciation for the connection between the communion table and kitchen tables while serving as the food service coordinator at Holden Village, a Lutheran retreat center in Washington State.

Kari's first call as a deacon was as the kitchen coordinator at Christ on Capitol Hill in St. Paul. That eventually evolved into her current role as director and mission developer of Shobi's Table, the food truck supported by the synod.

She also represents our synod on ELCA's Church Council, elected at the 2022 Churchwide Assembly. "We meet twice a year, receive reports from staff members and units, approve budgets, and follow up on work we have been directed to do from the triennial Churchwide Assembly."

Kari admits to being intimidated when she first walked into the ELCA's main headquarters in Chicago (aptly named "The Lutheran Center"). But she soon became aware of one of the gifts of being church together on a national level: the council meetings bring together a wide diversity of people, differing in geographic home, life experiences, socio-economic status, ethnicity and culture, and other factors.

"We are united by the desire to follow the call of Christ as the Evangelical Lutheran Church in America," says Kari. "There is definitely not just one kind of ELCA Lutheran, and we are better for it! The Church Council has shown me what a gift it can be to engage all of who we are."

The Saint Paul Area Synod sends 37.5% of its budget to the churchwide organization. Your mission support helps us be church together, building Christian communities, and strengthening and sustaining the ministry and mission of the wider church. Thank you!

UPDATES

ADMIN & FINANCE

May Financial Report

Envelope and online offerings monthly comparison:

01/01/26 through 05/31/26 = \$114,488

01/01/25 through 05/31/25 = \$106,146

Expenses Year-To-Date:

01/01/26 through 05/31/26 = \$124,489

01/01/25 through 05/31/25 = \$121,056

Cash account balances as of May 29, 2026

North Star Bank:

Checking = \$9,203

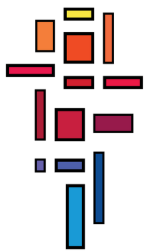
Savings = \$49,383

Memorial Savings = \$26,294

ELCA Mission Investment Fund = \$63,469

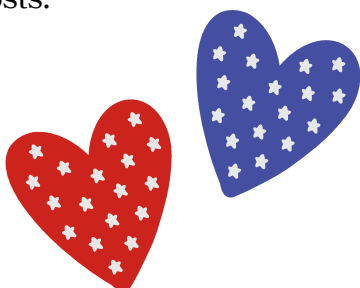
Endowment Fund = \$94,138

Mortgage Balance = \$85,892



Sanctuary Project Update

We have now completed the Sanctuary mold abatement and rebuild. Total costs for the project were \$30,051.58 and we had donations from the Congregation totaling \$30,585 so a BIG thank you to everyone who assisted in, prayed for and donated to completely cover the costs.



CHURCH COUNCIL

Church Council Newsletter June 2026

The Christ the King Council continues to lean into our mission with a focus on both spiritual growth, community partnership, and practical stewardship. Building on our commitment to hospitality, we welcomed Deacon David Behling, the interim executive director of Reconciling Works, to guide us in a meaningful discussion regarding the Reconciling in Christ process.

The Council also received another encouraging update on the funds raised for the ongoing Sanctuary Project. Additionally, we are reviewing the Fools for Christ space allocation to ensure the building usage and property needs are formally captured and aligned. The Council will take a recess in July and resume our regular meetings in August.

We remain deeply grateful for the ongoing work of our vital ministry teams as they guide CTK forward.

In Christ's service,

Erin Simunds
Council President



JULY

2026

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|---|-------------------|-----|---|-----|---|
| | | | 1 | 2 | 3 | 4 7am Bread Ministry <i>God Bless America!</i> |
| Summer Office Hours Tuesday - Thursday 9am-3pm | | | | | | |
| 5 Worship 9am | 6 | 7 | 8 | 9 7pm Property Team | 10 | 11 7am Bread Ministry |
| 12 Worship 9am | 13 | 14 Worship 9am | 15 | 16  Women's Bible Study 9:30am | 17 | 18 7am Bread Ministry KHB 9am |
| 19 Worship 9am | 20 7pm Fellowship | 21 | 22 | 23 | 24 | 25 7am Bread Ministry |
| 26 Outdoor Worship 9am Congregational Camp Meeting 10:30am | 27  Trumpet Deadline | 28 | 29 | 30 | 31 | |